

Module 17. Face lifting techniques: Hands-On Cadaver Training and Certification

October 9-10, 2017

ASSERT Centre, University College Cork, Ireland

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Monday October 9	Day 1 Theory
08.00-08.30	Registration ASSERT Centre, University College Cork
08.30 – 10.30	<p>Introduction to face lifting Evolution of face lifting techniques The future of face lifting: wisdom from 40 years experience Clinically oriented face and neck anatomy</p> <ul style="list-style-type: none"> • Skin • Retaining ligaments • Fat compartments • SMAS • Facial nerve • Sensory nerves • Vascular anatomy • Anatomy of the forehead & temporal fossa • Anatomy of the platysma muscles • Anatomy of the deep compartments of the neck <p>Patient assessment and aesthetic ideals</p> <ul style="list-style-type: none"> • Upper face & brow • Midface & lower face • Neck • Assessment for volume restoration <p>Instruments, materials, and set-up for face lifting</p>
10.30-11.00	Coffee
11.00-11.30	Protocol for performing face lift under local anaesthesia
11.30-12.00	Face lift incisions: design and technique

	The best approaches and vectors in face lifting
12.00-12.30	MINIMAL ACCESS FACELIFT TECHNIQUES: STEP-BY-STEP <ul style="list-style-type: none"> • Short scar • Dissection and SMAS plication & imbrication • Closure, aftercare, & results
12.30-1.30pm	Lunch
1.30-2.30pm	ADVANCED FACELIFT: STEP-BY-STEP <ul style="list-style-type: none"> • Incision and dissection • Premasseteric space dissection • SMAS mobilization and SMASectomy • Midface elevation and suspension • Closure, aftercare, and results • <i>Video demonstrations and discussion</i>
2.30-3.00pm	MANAGEMENT OF THE NECK <ul style="list-style-type: none"> • Decision-making: which technique is best? • Lateral approach: undermining & excision • Midline approach: platysmaplasty techniques • Lipoplasty of the neck • Management of the deep compartments: fat and muscles • <i>Video demonstrations and discussion</i>
3.00-3.30pm	BROW LIFT <ul style="list-style-type: none"> • Non-endoscopic short scar brow lift technique • Alternative browlift techniques • <i>Video demonstrations and discussion</i>
3.30-4.00pm	Coffee
4.00-4.30pm	Adjunctive procedures in face lifting <ul style="list-style-type: none"> • Lip lift technique • Panfacial fat grafting • Malar and submalar augmentation • Chin implant • Buccal fat pad removal
4.30-5.00pm	Complications in face lifting techniques: how to avoid them, how to deal with them
5.00-5.30pm	MCQ Examination
	End of Day 1

Tuesday October 10	Day 2 Practical, ASSERT Clinical Skills Lab Note: All delegates will have comprehensive hands-on training in techniques with high quality fresh cadaver specimens
08.30 – 8.45	Orientation, cadaver laboratory
08.45 – 09.45	Minimal access facelift demonstration (Malcolm Paul MD) Patient positioning Incision design Undermining and anatomy SMAS plication and suspension Closure Complementary facial fat grafting techniques
09.45 – 12.30	<i>Supervised hands-on training for all delegates</i>
12.30-1.30	LUNCH
1.30 – 2.30	Full face lift demonstration (Malcolm Paul MD) Incision design Undermining and anatomy display, including facial nerves SMAS dissection SMASectomy Neck lift anatomy and contouring: fat compartment management, digastric muscle modification, platysmaplasty Closure
2.30-4.00	<i>Supervised hands-on training for all delegates</i>
4.00-4.30	Adjunctive procedures demonstration: Non-endoscopic short scar browlift Pretrichial, juxta-brow, temporal approaches to browlift Buccal fat pad removal Lip lift
4.30-5.30	<i>Supervised hands-on training for all delegates</i>
5.30pm	Certification and Award Ceremony